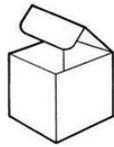
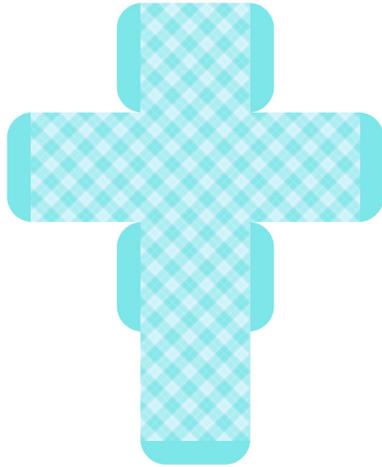


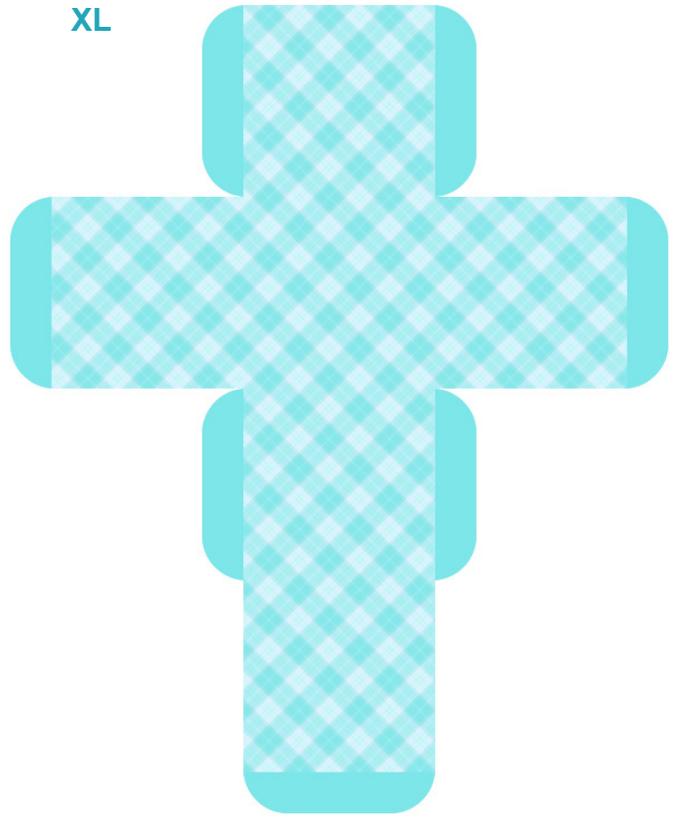
# Square Box with Top Flap - Pattern 21



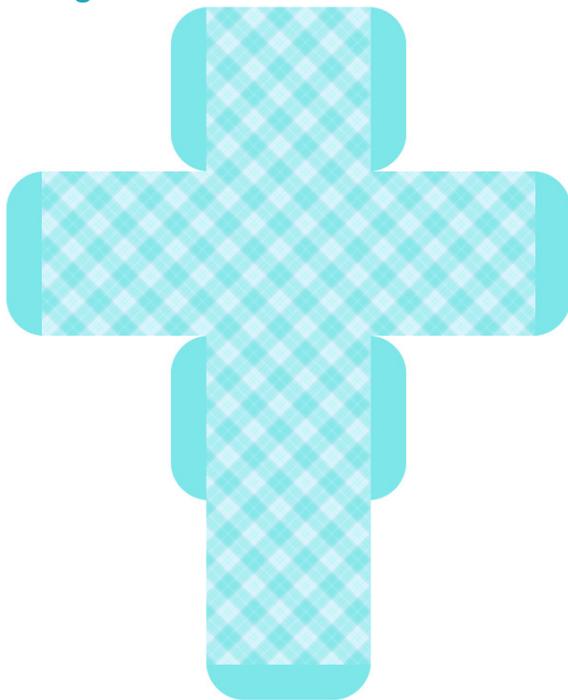
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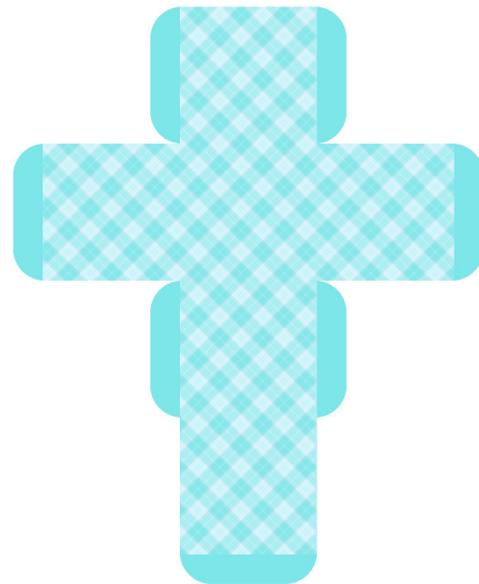
XL



Large



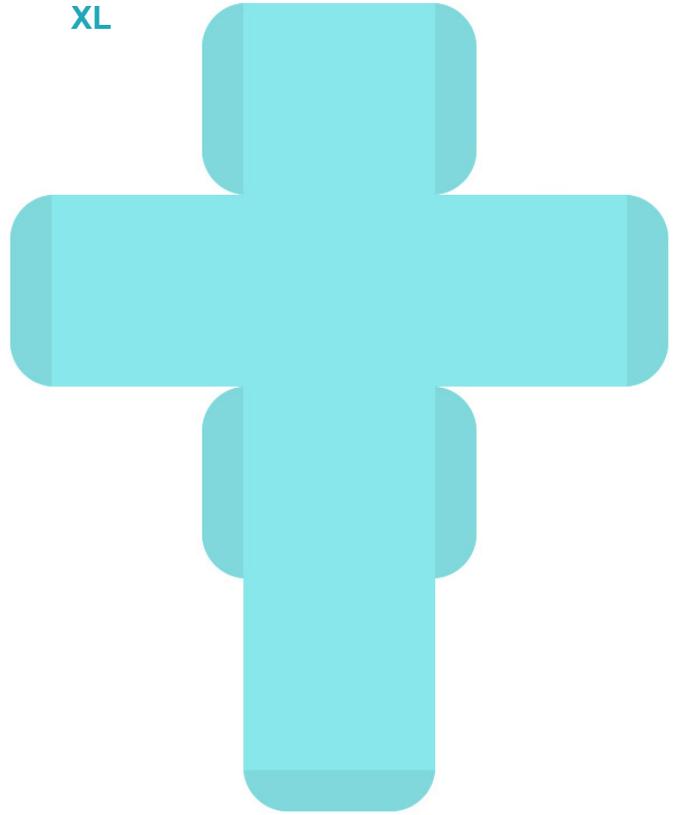
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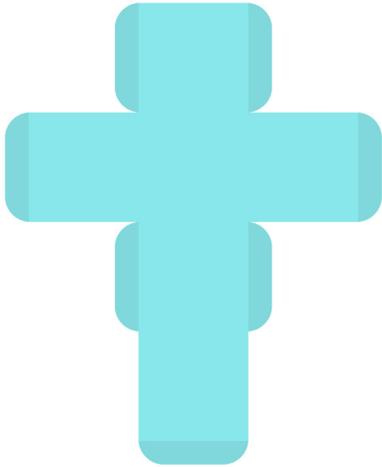
# Square Box with Top Flap - Plain Blue



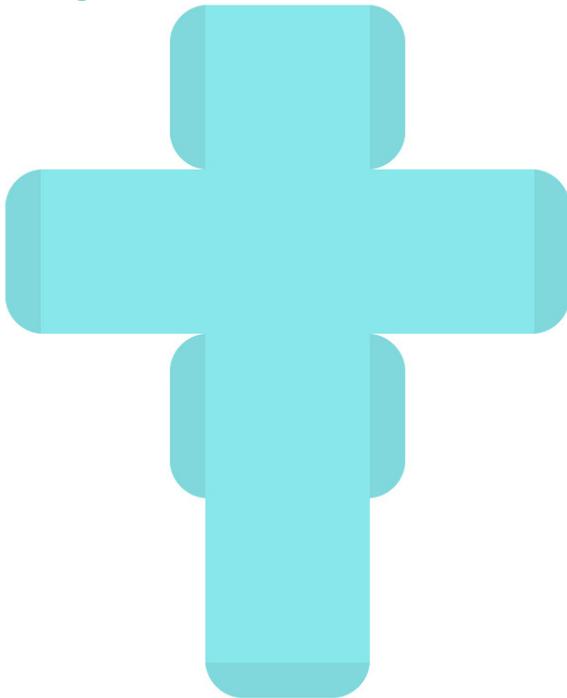
XL



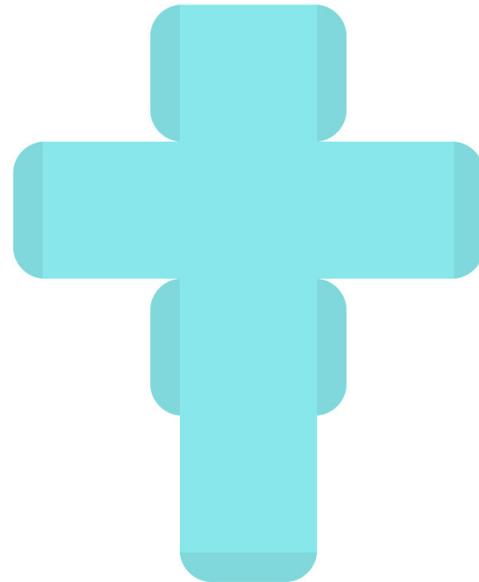
Small



Large



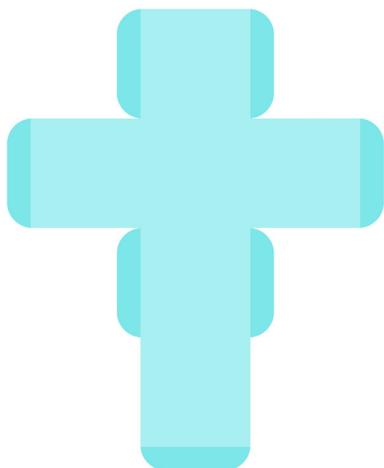
Medium



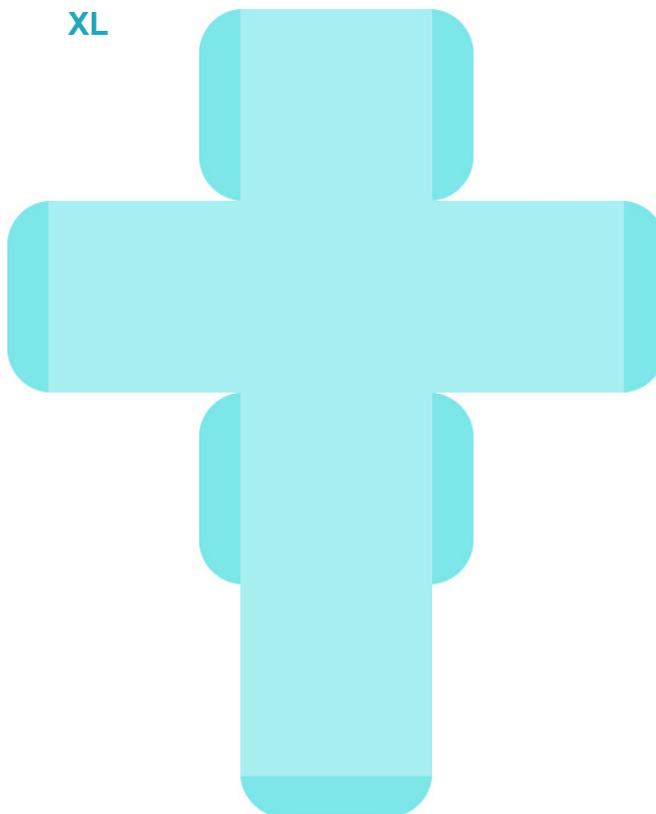
# Square Box with Top Flap - Plain Light Blue



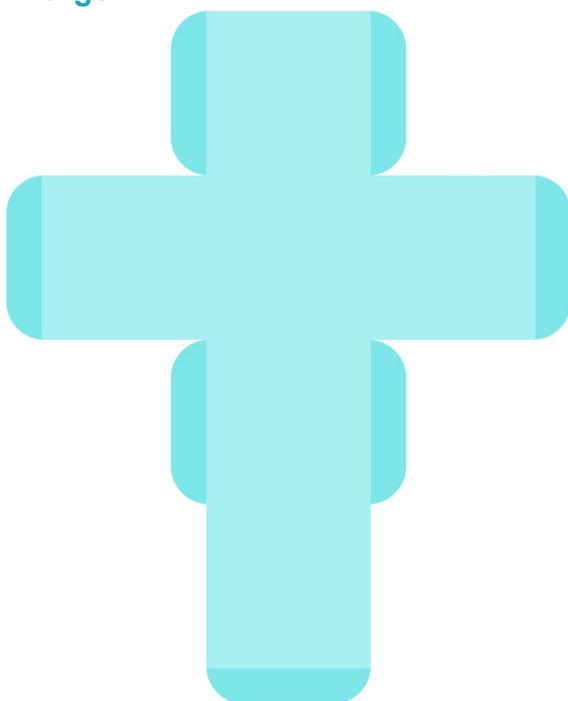
Small



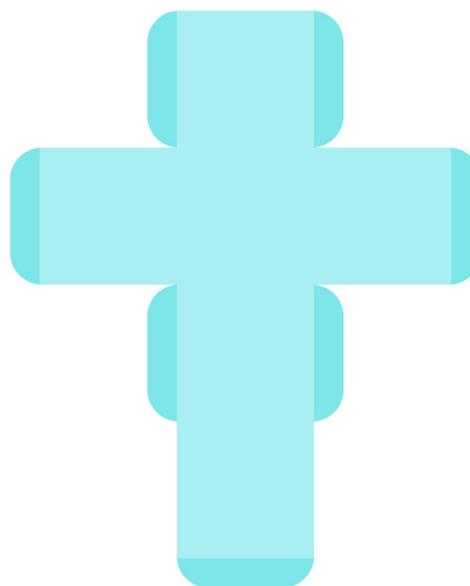
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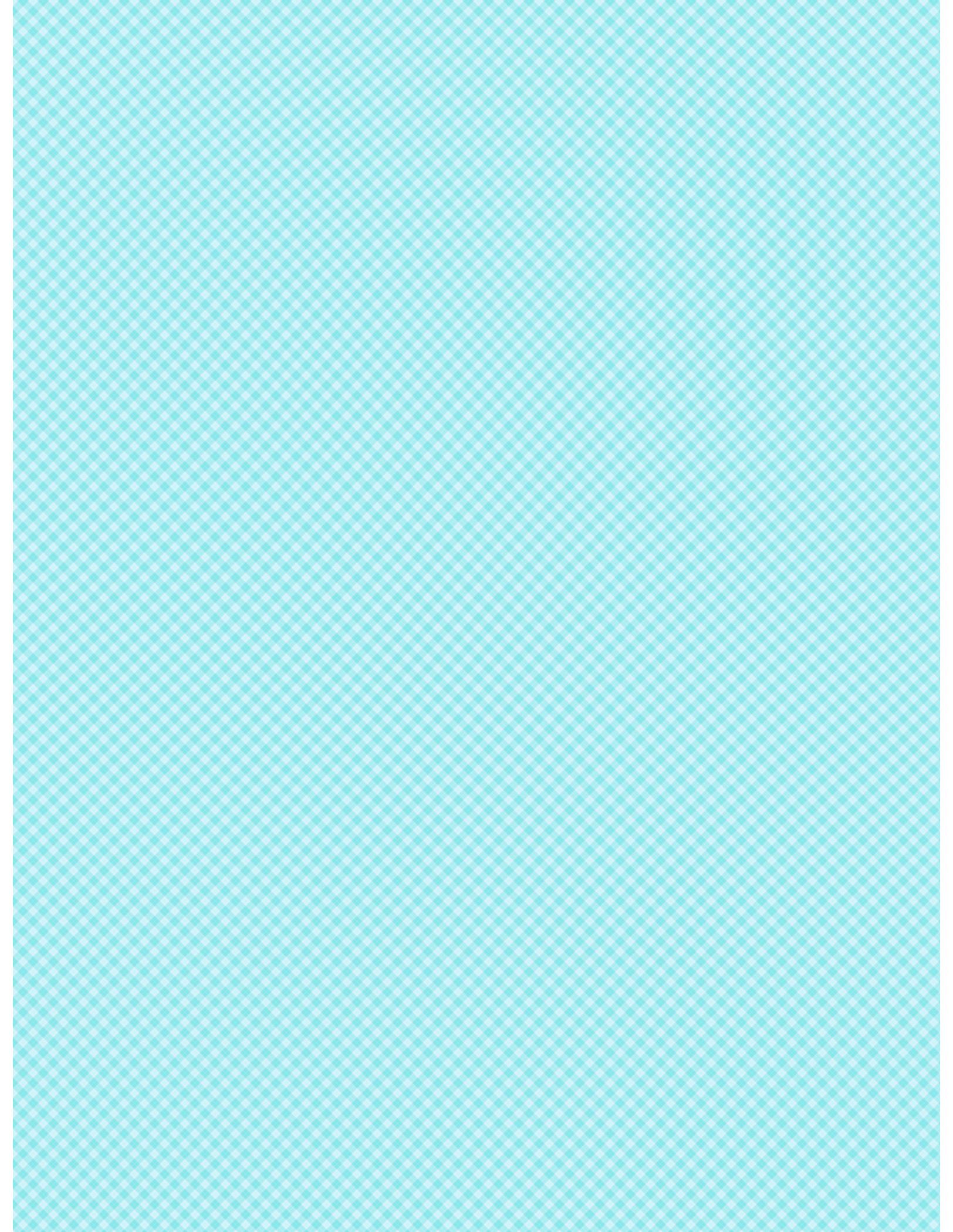


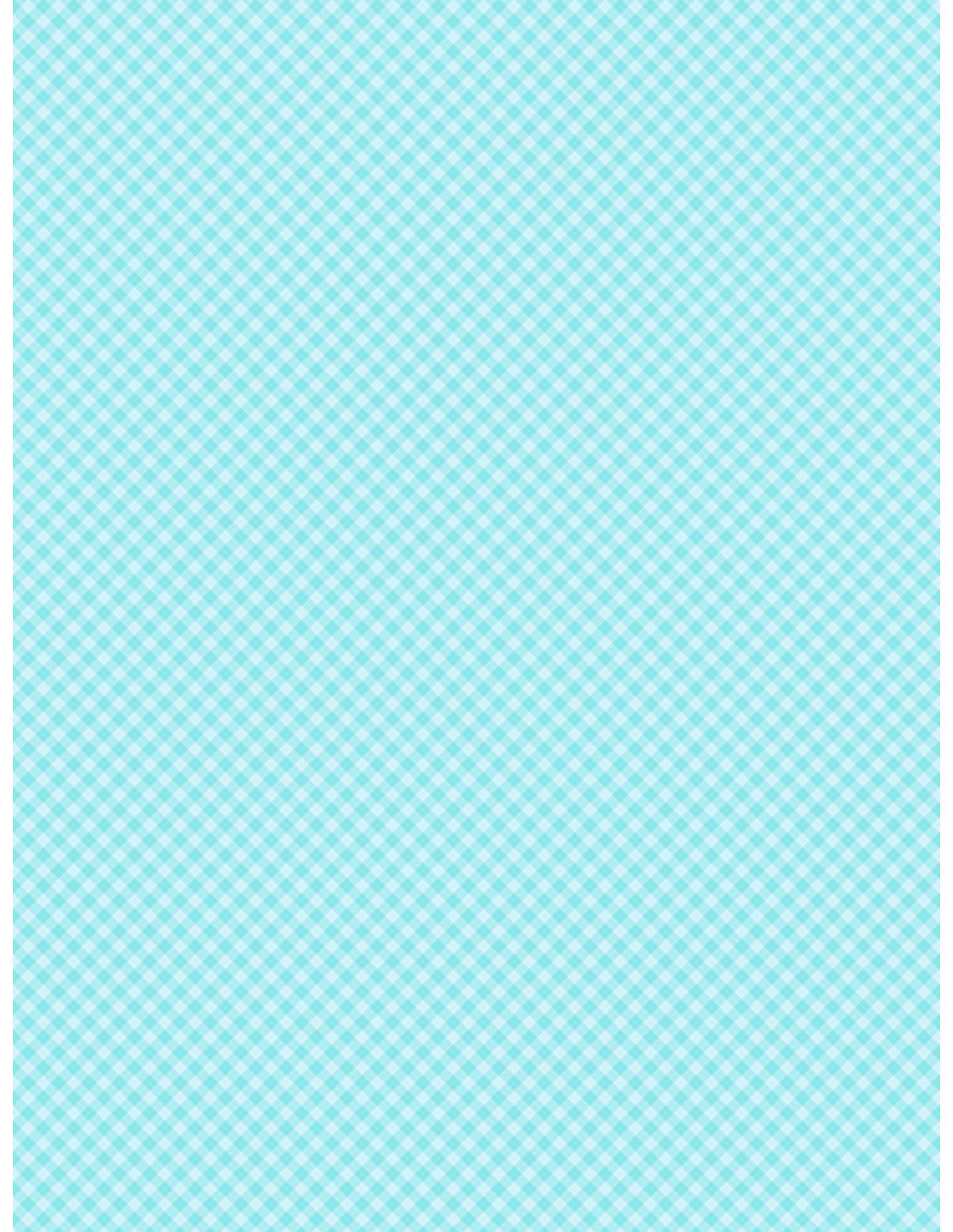
Large



Medium







the 1990s, the number of people with a mental health problem has increased in the UK. The prevalence of mental health problems is estimated to be 10% of the population (Meltzer & Peck, 2000).

There is a growing awareness of the need to improve the lives of people with mental health problems. The UK Government has set out a strategy for mental health care in the 2005 White Paper, *Mental Health: A New Direction* (Department of Health, 2005). The White Paper sets out a vision of a new mental health system, which will be based on the following principles:

- People with mental health problems should be treated as individuals, with their own needs and wishes.
- People with mental health problems should be given the opportunity to participate in decisions about their care and treatment.
- People with mental health problems should be given the opportunity to live in their own homes and communities.

The White Paper also sets out a number of key objectives for the mental health system, including:

- To reduce the number of people with mental health problems who are admitted to hospital.
- To improve the quality of care and treatment for people with mental health problems.
- To improve the support and services available to people with mental health problems.

The White Paper also sets out a number of key actions for the mental health system, including:

- To improve the training and skills of mental health professionals.
- To improve the coordination and integration of mental health services.
- To improve the support and services available to people with mental health problems.

The White Paper also sets out a number of key challenges for the mental health system, including:

- To address the inequalities in mental health care.
- To improve the quality of care and treatment for people with mental health problems.
- To improve the support and services available to people with mental health problems.

The White Paper also sets out a number of key messages for the mental health system, including:

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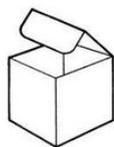
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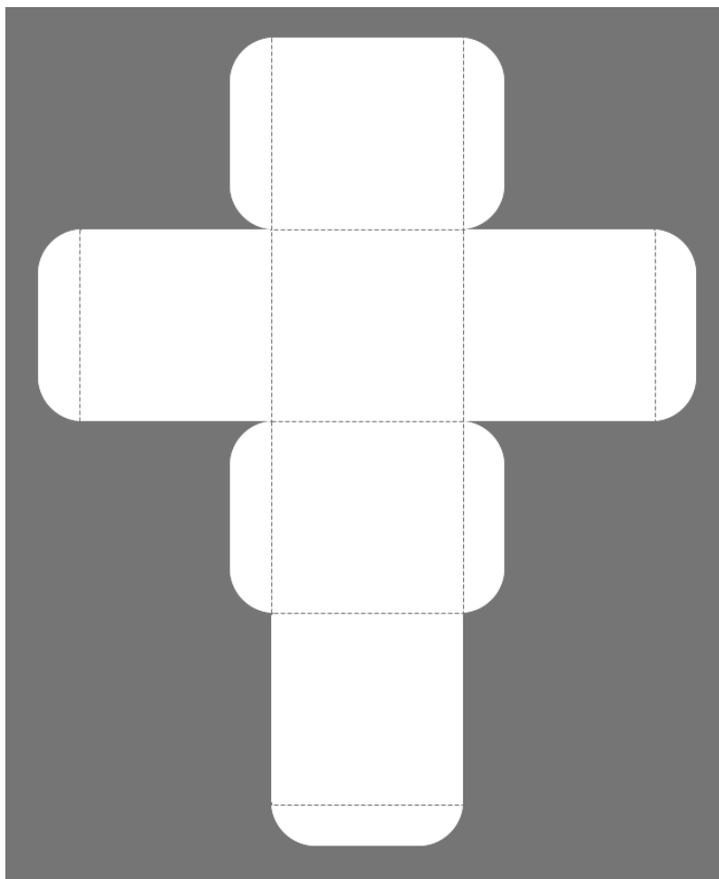
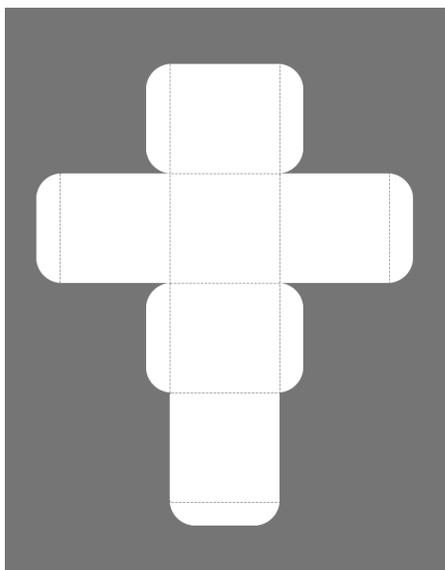


# Square Box with Top Flap Template with Fold Lines

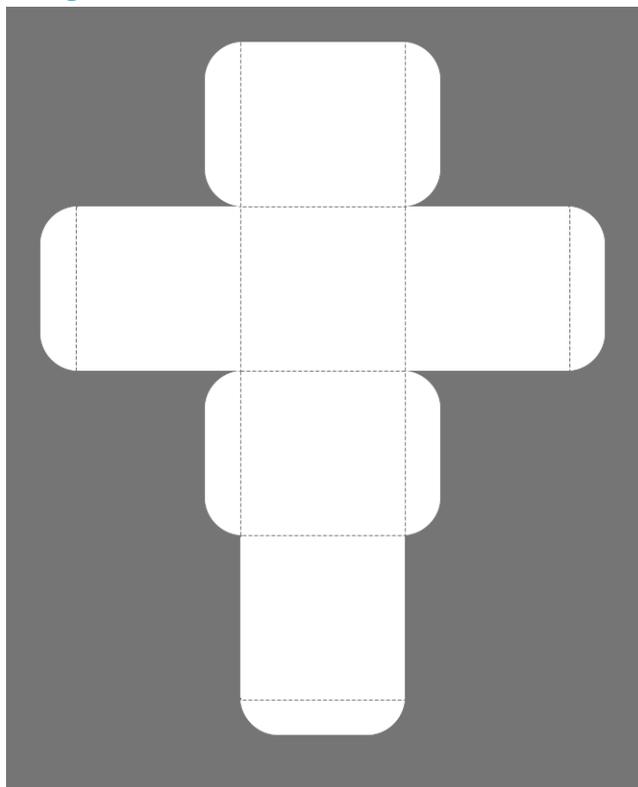


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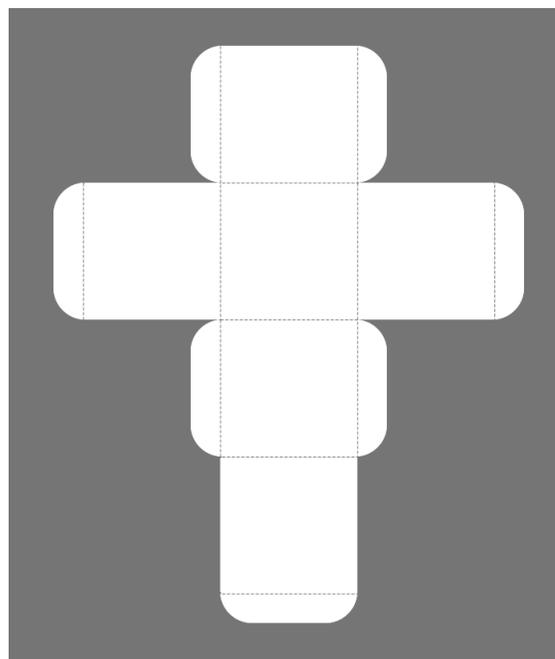
Small



Large



Medium



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